

# PARADE

## 7-Minute Solution: Organize Your Linen Closet

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*Laura Leist, founder of Eliminate Chaos, on how to save space, time, and even money*



**1. Arrange according to use.** Stash everyday items at eye level, and the things you rarely use—extra blankets, beach towels—on the top and bottom shelves (put them in large plastic bags first to protect them from dust).

### Give Your Kitchen a Face-Lift

**2. Determine how many towels you really need.** The number will depend on space and how often you do laundry, but two sets per person is fine for most families. Hold on to matching towels; turn the rest into rags and move them to the laundry room. Slip a bar of scented soap into your closet to keep towels smelling fresh.

**3. Stow sheets inside pillowcases.** This space-saving trick also makes them easy to grab. Two sets of sheets per room is standard. If you have more than that, rotate them: Put the freshly cleaned ones on the bottom so they all get equal use.

### Is Your House a Health Threat?

**4. Store toiletries in baskets or small bins.** This will make items easily visible and help you avoid wasting money on things you already have. Put first aid supplies in one bin, cough and cold treatments in another, travel items in a third. (And be sure to dispose of any expired medications.)